

# TALK TO A DIETITIAN ANYTIME. ANYWHERE.



## QUALITY CARE

Utopia WellCare is simply a new way to access qualified dietitians.

#### All UtopiaWellCare dietitians:

- Practice Functional & Integrative Nutrition; a form of nutrition that considers the whole person and their unique physiology
- Average 5 20 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every 5 years, meeting the standards of practice for The Academy of Nutrition and Dietetics





## PERSONALIZED PLANS

Utopia WellCare dietitians can support you in treating many conditions, including:

- Gastrointestinal
- Weight Loss
- Sinus problems & Allergies
- Autoimmune disorders
- Cardiometabolic
- Endocrine / Hormone
- Sleep & Mood regulation
- And more!





# PREVENTATIVE & SUPPORTIVE CARE

Utopia WellCare is a convenient and affordable option to assist you in meeting your goals for conditions you may already be working on:



- If you want more assistance and step by step support in determining and meeting your health goals
- If you need or want more accountability for reaching your goals between visits with your doctor
- Support designing healthy meal plans and lifestyle hacks based on the latest research
- For non-prescription supplements, vitamins, minerals and herbs at 25% off retail 100% of the time



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Talk to a dietitian anytime for free!

www.UtopiaWellCare.com

**BOOK A CONSULT TODAY** 





## #HEALTHY4LIFE

### CONVENIENT

Utopia WellCare gives you access to a U.S. board-certified functional nutrition dietitian through the convenience of phone or video!

You will receive access to our mobile app's educational tools that provide key pieces of information that keep you focused on your plan. It's your journey. We want to guide you through it and communicate in a way that works for you,

Utopia WellCare is an affordable and effective option for quality preventive health and wellness care.

#### COLLABORATIVE

Utopia WellCare does not replace your primary physician; it is a convenient and affordable option for quality preventive care and supportive care to help you reach your goals for conditions you may already be working on.

With your consent, Utopia WellCare is happy to provide information about your Utopia WellCare visit to your primary care physician or any other healthcare provider you are working with.

## CUSTOMIZABLE

Utopia WellCare dietitians can address and support many conditions, including:

- Gastrointestinal
  - Weight Loss
- Sinus problems & Allergies
  - Autoimmune disorders
    - Cardiometabolic
  - Endocrine / Hormone
- Sleep & Stress Management
  - And more!

## **BOOK A CONSULT TODAY**

VISIT <u>UTOPIAWELLCARE.COM</u>

EMAIL: RD@UTOPIAWELLCARE.COM

TO TALK TO A REGISTERED DIETITIAN TODAY!





