

Herbal Cordials Party Packages

Your Guide to Healthy Spirits !

CORDIAL

Noun

*Cor*dial \ Cor-jel*

DEFINITION - A stimulating medicine or drink. Liqueur. Alcoholic beverage sipped before or after dinner as a digestive tonic. Of or "For the Heart". Medicinal beverage historically used to invigorate the heart, body, spirit as well as cure disease !



Dark and Stormy

Bitter Ginger Syrup

Herbs - Gentian, Ginger, Agave or Dandelion, Ginger Agave

Medicinal Qualities - Digestive, Circulation, Liver Support



Fruitful Summer Watermelon Cocktail

Citrus Mint Syrup

Herbs - Linden, Lemon Verbena, Peppermint, Agave

Medicinal Qualities -



Elixir of Love

It's All Love Syrup

Herbs - Damiana, Rose, Cinnamon, Cacao, Holy Basil, Agave

Medicinal Qualities - Balancing the heart, circulation, glucose control, grounding



Open Heart Cocktail !

Open Heart Bitters

Herbs - Hawthorn Berry, Linden flower, Yarrow flower

Medicinal Qualities - Heart tonic, courage, vascular support



Living My Best Life Lavender Cocktail

Lavender Syrup

Herbs - Lavender, Passion Flower, Hops, Milky Oats, Lemon Balm, Agave

Medicinal Qualities - Supports a healthy nervous system, supports relaxation and mental calmness to support clarity



GODDESS BNH - 6 Spice Signature Cocktail

BNH Signature Syrup using the 6 Spice Foundation

Herbs - Ginger, Turmeric, Clove, Ceylon Cinnamon, Cardamom, Black Pepper

Medicinal Qualities - Anti-inflammatory and circulation supports. Anti-microbial

How It Works

STEP 1

Choose 2 cocktails to feature at your 2 hour event for 6-8 adults.

Decide on a 3rd prepared option or choose to Experiment and have you and your guest play with new combinations all your own.

without Lite Fare \$350

with Lite Fare \$470

STEP 2

Determine if you want Lite Fare to accompany your Cordials and if so with or without Cilantro Lime Shrimp.

W / Lite Fare No Shrimp \$470

W / Lite Fare w/ Shrimp \$510

STEP 3

Decide if you would like an additional Herbal Experience to have your guest make their own Herbal Bitters Tincture to take home.

\$ Market Price depending on the Herb and the Number of People in your party



Classic Anti-Allergy Gin Fizz

Allergy Bitters Syrup

Herbs - Nettle, Goldenrod, Local Raw Honey, Spilanthes, Artichoke, Goldenseal

Medicinal Qualities - Supports healthy blood formation and cleansing



Experiment !

Play around with several different herbal Bitters combinations and create your own personal cocktail

Sip and Learn

Learn how to consume Spirits the way they were historically intended as tonics to support health

Learn more about Herbs and how they can support you in your life's journey

Lite Fare

Herbed Cheese Spread with Gluten Free Crackers

Organic Course Chopped Salsa with Chunky Guacamole and Organic Tortilla chips

Cruciferous Veggies and Bitter Greens Salad with Tangy Fermented Mustard Vinaigrette

Cilantro Lime Sauteed Shrimp

Watermelon